

NOVEMBER EVENTS 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



We will be collecting the entire month of November!

- Core Crusher**
6:00pm - 6:45pm | Liv Fit
- Liv Well Sound Meditation**
6:15pm - 7:00pm | Virtual

01

- Tai Chi**
6:30pm - 7:30pm | The Hub

02

- Food Truck Wednesday**
5:00pm - 8:00pm | Front Lot
- Cook. Eat. Liv.**
7:15pm | Virtual

03

- Garden Club**
6:30pm - 7:00pm | Liv Garden

04

- Pancake Breakfast**
9:00am - 10:00am | The Hub
- Swim Gym**
10:15am - 11:00am | Back Pool

06

- Brunch Bunch**
10:00am - 11:00am
TUK Urban Kafe

07

- Core Crusher**
6:00pm - 6:45pm | Liv Fit
- Liv Well Sound Meditation**
6:15pm - 7:00pm | Virtual

08

- Tai Chi**
6:30pm - 7:30pm | The Hub

09

- Food Truck Wednesday**
5:00pm - 8:00pm | Front Lot
- Cook. Eat. Liv.**
7:15pm | Virtual

10

- Garden Club**
9:00am - 10:00am | Liv Garden
- Swim Gym**
10:15am - 11:00am | Back Pool

13

- Turkey Trot 5K**
9:00am | Liv Avenida

14

- Monday Night Football and Chili Cookoff**
5:30pm | The Hub
- Core Crusher**
6:00pm - 6:45pm | Liv Fit
- Liv Well Sound Meditation**
6:15pm - 7:00pm | Virtual

15

- Tai Chi**
6:30pm - 7:30pm | The Hub

16

- Food Truck Wednesday**
5:00pm - 8:00pm | Front Lot
- Cook. Eat. Liv.**
7:15pm | Virtual

17

- Create - a - Canvas**
6:30pm - 8:30pm | The Hub

18

- Swim Gym**
10:15am - 11:00am | Back Pool
- Yappy Hour - Puppy Bowl**
1:00pm - 2:00pm | Bark Park

20

- Friendsgiving Happy Hour and Flag Football**
1:00pm - 3:00pm | The Hub

21

- Core Crusher**
6:00pm - 6:45pm | Liv Fit
- Liv Well Sound Meditation**
6:15pm - 7:00pm | Virtual

22

- Tai Chi**
6:30pm - 7:30pm | The Hub

23

- Kid's Club**
6:00pm - 7:00pm | The Hub

24

THANKSGIVING DAY
OFFICE CLOSED

25

OFFICE CLOSED

26

- Swim Gym**
10:15am - 11:00am | Back Pool

27

- Brunch Bunch**
10:00am - 11:00am
TUK Urban Kafe

28

- Core Crusher**
6:00pm - 6:45pm | Liv Fit
- Liv Well Sound Meditation**
6:15pm - 7:00pm | Virtual

29

- Pizza and Pints**
5:00pm | The Hub
- Tai Chi**
6:30pm - 7:30pm | The Hub

30

liv
avenida™

KEY



liv responsibly event



liv well event



Event Benefiting The American Cancer Society's "Relay for Life"



liv connected event