

MAY EVENTS 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p> Brunch Bunch 10:00am - 11:00am TUK Urban Kafe</p> <p>01</p>	<p> Core Crusher 6:00pm - 6:45pm Liv Fit</p> <p> Virtual Meal Prep With Ben 7:00pm - 7:45pm Virtual</p> <p>02</p>	<p> Yoga 6:15pm - 7:00pm The Hub</p> <p>03</p>	<p> Food Truck Wednesday 5:00pm - 8:00pm Front Lot</p> <p> Sound Meditation 7:00pm - 7:45pm Virtual</p> <p>04</p>	<p> Cinco De Mayo Kid's Club 4:00pm - 6:00pm The Hub</p> <p> Buns & Guns 6:00pm - 6:45pm Liv Fit</p> <p>05</p>	06	<p> HydroFit 9:00am - 9:45am Back Pool</p> <p>07</p>
<p> Brunch Bunch 10:00am - 11:00am TUK Urban Kafe</p> <p> Mother's Day Brunch in Bed 11:00am - 1:00pm Delivered</p> <p>08</p>	<p> Core Crusher 6:00pm - 6:45pm Liv Fit</p> <p> Virtual Meal Prep With Ben 7:00pm - 7:45pm Virtual</p> <p>09</p>	<p> Yoga 6:15pm - 7:00pm The Hub</p> <p>10</p>	<p> Food Truck Wednesday 5:00pm - 8:00pm Front Lot</p> <p> Sound Meditation 7:00pm - 7:45pm Virtual</p> <p>11</p>	<p> Buns & Guns 6:00pm - 6:45pm Liv Fit</p> <p>12</p>	13	<p> HydroFit 9:00am - 9:45am Back Pool</p> <p> Pancake Breakfast 9:00am - 10:00am The Hub</p> <p>14</p>
<p> Brunch Bunch 10:00am - 11:00am TUK Urban Kafe</p> <p>15</p>	<p> Core Crusher 6:00pm - 6:45pm Liv Fit</p> <p> Virtual Meal Prep With Ben 7:00pm - 7:45pm Virtual</p> <p>16</p>	<p> Yoga 6:15pm - 7:00pm The Hub</p> <p>17</p>	<p> Food Truck Wednesday 5:00pm - 8:00pm Front Lot</p> <p> Sound Meditation 7:00pm - 7:45pm Virtual</p> <p>18</p>	<p> Buns & Guns 6:00pm - 6:45pm Liv Fit</p> <p>19</p>	20	<p> HydroFit 9:00am - 9:45am Back Pool</p> <p> Pool Party Happy Hour 12:00pm - 2:00pm Liv Pool</p> <p>21</p>
<p> Brunch Bunch 10:00am - 11:00am TUK Urban Kafe</p> <p> Yappy Hour 4:00pm - 5:00pm Bark Park</p> <p>22</p>	<p> Core Crusher 6:00pm - 6:45pm Liv Fit</p> <p> Virtual Meal Prep With Ben 7:00pm - 7:45pm Virtual</p> <p>23</p>	<p> Yoga 6:15pm - 7:00pm The Hub</p> <p>24</p>	<p> Food Truck Wednesday 5:00pm - 8:00pm Front Lot</p> <p> Sound Meditation 7:00pm - 7:45pm Virtual</p> <p>25</p>	<p> Buns & Guns 6:00pm - 6:45pm Liv Fit</p> <p>26</p>	27	<p> HydroFit 9:00am - 9:45am Back Pool</p> <p> Garden Club 9:15am - 9:45am Liv Garden</p> <p>28</p>
<p> Brunch Bunch 10:00am - 11:00am TUK Urban Kafe</p> <p>29</p>	<p>Memorial Day Office Closed</p> <p>30</p>	<p> Yoga 6:15pm - 7:00pm The Hub</p> <p>31</p>	<p>FOLLOW US!</p> <p> Instagram: Liv Avenida</p> <p> TikTok: @livavenida</p> <p> Facebook: Liv Avenida</p>	<p> liv avenida</p> <p> KEY</p> <p> liv responsibly event</p> <p> liv well event</p> <p> liv connected event</p> <p> Event Benefiting The American Cancer Society's "Relay for Life"</p>		