

AUGUST EVENTS 2022

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

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Yoga
6:15pm - 7:00pm | The Hub

01

Watermelon Wednesday
4:30pm - 5:30pm | The Hub

Food Truck Wednesday
5:00pm - 8:00pm | Front Lot

HydroFit
6:30pm - 7:15pm | Back Pool

03

Buns & Guns
6:00pm - 6:45pm | Liv Fit

04

HydroFit
9:00am - 9:45am | Back Pool

Pancake Breakfast
9:00am - 10:00am | The Hub

06

Brunch Bunch
10:00am - 11:00am
TUK Urban Kafe

07

Yoga
6:15pm - 7:00pm | The Hub

08

Food Truck Wednesday
5:00pm - 8:00pm | Front Lot

HydroFit
6:30pm - 7:15pm | Back Pool

10

Buns & Guns
6:00pm - 6:45pm | Liv Fit

11

Garden Club
8:30am - 9:00am | Liv Garden

HydroFit
9:00am - 9:45am | Back Pool

13

Paddle Board Fitness
8:00am - 10:00am | Liv Pool

Brunch Bunch
10:00am - 11:00am
TUK Urban Kafe

14

Yoga
6:15pm - 7:00pm | The Hub

15

Food Truck Wednesday
5:00pm - 8:00pm | Front Lot

HydroFit
6:30pm - 7:15pm | Back Pool

17

Buns & Guns
6:00pm - 6:45pm | Liv Fit

18

Brews & Bites
5:30pm - 7:30pm | The Hub

19

HydroFit
9:00am - 9:45am | Back Pool

20

Brunch Bunch
10:00am - 11:00am
TUK Urban Kafe

Kid's Club
3:00pm - 4:00pm | The Hub

21

Yoga
6:15pm - 7:00pm | The Hub

22

Food Truck Wednesday
5:00pm - 8:00pm | Front Lot

HydroFit
6:30pm - 7:15pm | Back Pool

24

Buns & Guns
6:00pm - 6:45pm | Liv Fit

25

HydroFit
9:00am - 9:45am | Back Pool

27

Brunch Bunch
10:00am - 11:00am
TUK Urban Kafe

Yappy Hour!
12:00pm - 1:00pm | The Hub

28

Yoga
6:15pm - 7:00pm | The Hub

29

Food Truck Wednesday
5:00pm - 8:00pm | Front Lot

HydroFit
6:30pm - 7:15pm | Back Pool

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KEY



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event



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Event Benefiting
The American
Cancer Society's
"Relay for Life"



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